

AMRITA INSTITUTE OF MEDICAL SCIENCES AND RESEARCH CENTRE AIMS Ponekkara P.O. Kochi-41

DEPARTMENT OF PEDIATRICS

UG TEACHING SCHEDULE – NOVEMBER 2023

2020 BATCH THEORY (2-2.45PM)

DATE	TOPIC	CHAIRED BY
04.11.2023	Acute Renal failure	Dr. Shela

2021 BATCH CLINICAL POSTING(9AM-12NOON)

DATE	TOPIC	TAKEN BY
09.11.2023	1.Define the terminologies-Growth and Development:	Dr.Sajitha
	2.Discuss factors affecting growth and development	
	1.Patterns of growth in infants children and adolescents	
	2.WHO and Indian growth charts	
11.11.2023	Assessment of Physical growth in infants and children (Wt, Ht,	Dr.C Jayakumar
	OFC, Mid arm-Circumference, US:LS ratio, Arm span)	
	Perform the anthropometric measurement in a child Document	
	in logbook	
13.11.2023	1. Breast feeding:	Dr.Sathyajith
	Physiology of lactation,	
	2. Describe the composition and types of breast milk + Discuss	
	difference between breast milk + cows milk	
	3 Advantages of breast milk	
	1.Correct technique and distinguish right from wrong	
	technique of breast feeding	
	2. Baby friendly Hospital Initiative	
	3. Educate and counsel mothers for best practices in breast	
	feeding	
14.11.2023	Domains of development	Dr. Vinitha Prasad
	Normal developmental milestones: 0-5 years: Motor,	
	Adaptive, Social and Language	
	Methods of developmental screening	

15.11.2023	Define term complimentary feeding	Dr.Praveena
15.11.2025	Principles, Initiation, attributes, frequency, techniques and	Billiayoona
	hygiene related to complementary feeding including IYCF	
	1.Common complementary foods	
	2. Elicit history of complementary feeding habits	
	3. Counsel educate mothers on best practices In	
	complementary practices	
16.11.2023	Age related nutritional needs for infants, children and	Dr.Navya
	adolescents including vitamins and micronutrients as per ICMR	
	1. Calorie value of common Indian food stuffs	
	2.Document and present an appropriate nutritional history and	
	perform dietary recall	
17.11.2023	Define Adolescence and stages of adolescence,	Dr.Stefy
	Physical, physiological and psychological changes during	
	adolescence-Puberty	
	General health,	
	Nutritional and mental health problems in adolescence	
	Adolescent health check up	
20.11.2023	Components of Universal immunization program	Dr.Shela
	National Immunization program schedule	
	Vaccine description with regards to classification of vaccines,	
	strain used, dose, route, risk benefits and side effects,	
	indications and contraindications	
	Educate and counsel a parent and child for vaccination	
21.11.2023	Define Obesity	Dr.Sindhu
	Common etiology, clinical features and management of obesity	
	in children	
	End posting Exam	
22.11.2023	1	Dr.C Jayakumar
	2)Discuss factors affecting growth and development	
	1)Patterns of growth in infants children and adolescents	
	2)WHO and Indian growth charts	
23.11.2023	Assessment of Physical growth in infants and children (Wt, Ht,	Dr.Sathyajith
	OFC, Mid arm-Circumference, US:LS ratio, Arm span)	
	Perform the anthropometric measurement in a child Document	
	in logbook	

24.11.2023	1. Breast feeding:	Dr. Vinitha Prasad
2	Physiology of lactation,	Di. v micha i rasad
	2. Describe the composition and types of breast milk + Discuss	
	difference between breast milk + cows milk	
	3. Advantages of breast milk	
	1.Correct technique and distinguish right from wrong	
	technique of breast feeding	
	2. Baby friendly Hospital Initiative	
	3. Educate and counsel mothers for best practices in breast	
	feeding	
27.11.2023	Domains of development	Dr.Praveena
	Normal developmental milestones: 0-5 years: Motor,	
	Adaptive, Social and Language	
	Methods of developmental screening	
28.11.2023	Define term complimentary feeding	Dr.Sajitha Nair
	Principles, Initiation, attributes, frequency, techniques and	
	hygiene related to complementary feeding including IYCF	
	1.Common complementary foods	
	2. Elicit history of complementary feeding habits	
	3. Counsel educate mothers on best practices In	
	complementary practices	
29.11.2023	Age related nutritional needs for infants, children and	Dr.Navya George
	adolescents including vitamins and micronutrients as per ICMR	
	1. Calorie value of common Indian food stuffs	
	2.Document and present an appropriate nutritional history and	
	perform dietary recall	
30.11.2023	Define Adolescence and stages of adolescence,	Dr.Praveena
	Physical, physiological and psychological changes during	
	adolescence-Puberty	
	General health,	
	Nutritional and mental health problems in adolescence	
	Adolescent health check up	

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DR. C JAYAKUMAR, HOD DEPARTMENT OF PEDIATRICS AIMS, KOCHI