UNIT I

UNIT II
Psycho Social care: Conceptual clarity, definition, significance, scope of psychosocial care in professional social work, Identification of psychosocial needs, individual, family and societal levels, Psychosocial intervention among individuals, groups and community level. Psychosocial care intervention among special groups/vulnerable groups. Skills and techniques in providing psychosocial care. Need to involve family members and significant others in psycho-social care.

UNIT III

UNIT IV
Counseling Concepts and Stages: Concept and definition, elements, characteristics, goals, Historical evolution as a profession, Scope and Significance , Client Counselor Relationship, skills in counseling, Qualities of a counselor, characteristics of the client, Values and professional ethics in counseling, checklist for a counselor. Counseling Interview: Communication, verbal, nonverbal, interview, techniques of interview, relationship technique, problem identification and exploration, sharing, transference, counter transference. Stages in counseling- (a) Getting started (b) Introductory talk (c) Identifying the issues (d) Facilitating expression of feelings (e) Practical plan of action (f) Implementing the plan (g) Evaluation and termination.
UNIT V

Techniques and Settings: Techniques of Counseling: Ventilation, Empathy, Listening, Explanation, Re-assurance, Externalization of interest, Recreation & Relaxation, Improving problem solving skill, Change of attitude/life style, encouraging healthy defense mechanisms: Sublimation, Altruism & Humour, reinforcement, getting others support. Counseling in various settings- Disaster, Family, Hospital(Medical and Psychiatry ), Industry, Education, Community and Vulnerable groups, Pastoral, Vocational and Career. Recent Trends in counselling: Organ donation counselling- need and importance, living organ donation, donation and transplantation from deceased donors, dealing with family members: grief counselling and organ donation counselling, ethical practices and creating awareness, Agencies working for organ donation.

TEXT BOOKS/ REFERENCES:

Websites for organ donation counselling:
