SW801 PSYCHO- SOCIAL PERSPECTIVES OF CHILD AND ADOLESCENT MENTAL HEALTH 3-0-0-3

Unit: I:
Child Development- Principles and factors influencing child development, Area of child development, Theories of child development (Sigmund, Freud, Piaget, Erick Erickson), Developmental deviations.

Unit: II:

Unit: III:

Unit IV:
Adolescence - An overview- Introduction to Adolescence, Needs and Concerns of Adolescents Policies and programme. Growth and Developmental During Adolescence- Physical Changes in Boys and Girls, Cognitive Changes, Emotional and Psychosocial Changes Reproductive and Sexual Changes- Structure and Functions of Male Reproductive Organ (Changes), Structure and Functions of Female Reproductive Organ (Changes), Pregnancy Adolescent Sexuality - Sex and Sexuality, Gender, Myths and Misconception Related to Sex and Sexuality.

Unit: V:
Health issues of Adolescents - Health and Hygiene (Including Menstrual Hygiene), Nutrition Substance Abuse. Psychosocial Issues of Adolescence - Adjustment and Conduct, Peer Influence, Stress, Depression and Suicide, Media Influence (Pornograph). Reproductive & Sexual Health Issues- RTI/STI and HIV & AIDS, Sexual Harassment /violence Early marriage & Teenage pregnancy, Unsafe Abortion & Contraception Teachers Role and responsibilities for Child and Adolescents- Life Skills (Personality development), Communicating with Adolescents Guidance and Counselling, Counselling strategies and skills, Scholastic Issues (Career Plan).

TEXT BOOKS/ REFERENCES:
