Unit I: Community Mental Health—Scope, concepts and perspectives; Historical Overview of CMH world over and in India; Relevance of CMHS in India, Traditional systems and mental health care in India. Mental disorders in primary health care. Mental health of women, maternity workers, Children and adolescents- school going and out of school, mental health needs of elderly, Special groups-refugees, disaster affected populations. Suicide and attempted suicide, Public mental health education, role of different stakeholders in public health delivery system.

Unit II: Concepts of Rurality, Rural Poverty, Rural Health and Mental Health- Rural health problems and concerns: common communicable and non-communicable diseases; common mental disorders. Urban mental health- functions, policies and programmes. Prevention of mental disorders, Promotion of mental health, International developments in mental health care, Inter-sectoral Collaboration, Role of Non-Governmental Organisations, Challenges for mental healthcare in India. Role of Social Workers in Community Mental Health.


Unit III: Concepts of Marginalization and Human Rights- Physical health, development and inequality; understanding structural inequalities on physical health services, Rural health problems and concerns: common communicable and non-communicable diseases; common physical disorders, Prevention of physical disorders, Promotion of physical health, International developments in physical health care, Inter-sectoral Collaboration, Role of Non-Governmental Organizations.

Unit IV: Community Mental Health Models in India – Moving beyond the Institutional Model of service delivery, CMH practice integrated with the public health system, Voluntary Sector involvement in CMH programmes, community based rehabilitation models of mental health care.

Text Books/ References: