



AMRITA COLLEGE OF NURSING

AMRITA VISHWA VIDYAPEETHAM
HEALTH SCIENCES CAMPUS, KOCHI

JULY–DECEMBER 2021

MESSAGE FROM THE PRINCIPAL'S DESK

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New Year Greetings from Amrita College of Nursing...

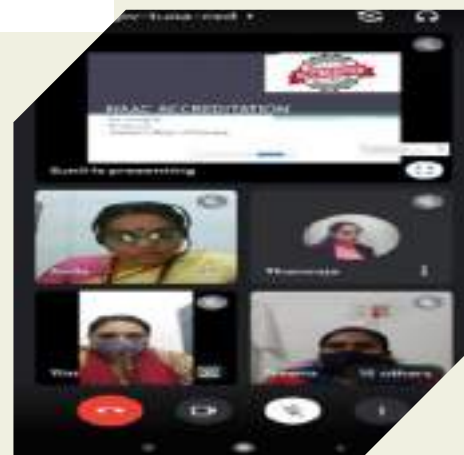
Another formidable year ahead. Amidst of the challenges posed by the Covid pandemic, Amrita College of Nursing maintained its position among the centres of excellence in the educational field. Online education which was quite new to our circumstances has become a routine practice. As we came closer to the end of this year, the learning situations improved which allowed us to go back to the face to face teaching learning process with time appropriate up gradation in the technology.

We are happy to share the news that we could improve our NAAC Grade from A+ to A++ during the recent accreditation process. Our final year B. Sc Nursing students could successfully complete their examinations on time, when all other colleges in the state lagged behind due to the pandemic. As we almost came back to normalcy, the college witnessed many activities. College anniversary, soft skill training programme and bridge courses are a few among them. We take the opportunity to appreciate Covid warriors among the students for their committed selfless services during the needy hours of the time. Also we could ensure 100% coverage of Covid vaccination among our students and staff. Our faculty could also make commendable achievements in their research and publications during the second half of the year. Many research projects are in the pipeline too.

We expect a more productive year ahead with vibrant activities as we have learned to live with the pandemic. The challenges to repair the wear and tear due to Covid are many especially among the students. Let us face them together.

NAAC SENSITIZATION SESSION

There was an online NAAC Sensitization session for the faculty of Amrita College of Nursing by Dr. Sunil M, Professor & HOD, Department of Child Health Nursing on **16.07.2021**. All teaching and non-teaching staff of Amrita College of Nursing attended the session.



COVID AWARENESS PROGRAMME

Amrita College of Nursing organized an online 'Covid Awareness Session' for the second, third and fourth year B.Sc nursing students on **28.07.2021** and **29.07.2021**. The programme was conducted as three, 30 minute sessions. All the sessions were taken by Mr. Nidhin Elias, HOD & Associate Professor in Community Health Nursing.

ONLINE FACULTY MEETING

Faculty meeting conducted on **6.08.2021** through Google Meet virtual platform. Prof K.T Moly, Principal, Amrita College of Nursing, chaired the meeting. The entire faculty attended the meeting. Review of the present workload of the faculty related to NAAC PRT visit was the main agenda of the meeting.



Each and every object in Nature teaches us something. Renunciation and selflessness are the greatest lessons to learn from Nature.

AMMA



NAAC AUDIT

The NAAC 3rd cycle PRT visit to healthcare campus commenced on **12.08.2021**. There was an online 'stakeholder interaction' with the faculty, non-teaching staff, ALUMNI, students and parents through virtual platform. Ms. Regina Antony, Associate Professor & HOD, Foundations of Nursing was the coordinator for NAAC Sensitization programme. This was followed by NAAC PRT online presentation by Prof K. T Moly. An exhibition was also conducted in connection with the PRT visit from **13.08.2021** to **14.08.2021**.



PRAYER TRAINING PROGRAMME FOR

There was an online session for prayer training for the faculty members on **31.08.2021**. The resource person was Sri. Hariharan S. Iyer from Brahmastanam.



"If you perform your work viewing it as your dharma, your actions become sacred."

Mata

Amritanandamayee

SOFT SKILLS TRAINING PROGRAMME

An online Soft skills training program was organized for the second year B.Sc Nursing students on **31.08.2021**. The topic was "Interpersonal skills & communication - effective and assertive communication with patients". The session was taken by Ms. Smitha Gopalakrishnan, Soft skills trainer, Corporate & Industry Relations, Amrita Vishwa Vidyapeetham. Around 100 students attended the session.



INTRODUCTION TO BHAGAVATGEETHA

An online session by Sri. Hariharan S. Iyer, Mata Amritanandamayi Math on 'An introduction to Bhagavat Gita' was organized by the Cultural Education Committee on **21.10.2021**. This was attended by all the faculty members.



COLLEGE ANNIVERSARY 2021



The nineteenth anniversary of Amrita College of Nursing was celebrated on **1.11.2021**. The programme was presided by Prof K.T Moly, Principal, Amrita College of Nursing. Dr. Dileep Kamat and Dr. Ajoy Menon, Senior Medical Administrators, AIMS were the chief guests for the programme. Sampoojya Swamiji Purnamritananda Puri delivered benedictory address for the function. Dr. Dileep Kamat, Senior Medical Administrator, AIMS released the annual college magazine 2021. There were felicitations by Dr. Ajoy Menon, Professor and Senior Medical Administrator, AIMS and Dr. (Col.) Vishal Marwaha, Principal, Amrita School of Medicine.

Then prizes were awarded to B.Sc and M.Sc nursing students for their academic excellence and for the final year B.Sc nursing students for their dedication and professional commitment during the surge of COVID 19 pandemic. There was an online interactive session for students on 'Love, relationship and break-up management' by Dr. Vipin V Roldant, Performance Psychologist, Business Mentor & Celebrity Life Coach, Roldent Rejuvenation, Kalamassery. This was followed by a festivity of music and dance performance by the students of Amrita College of Nursing. The programme came to an end by vote of thanks by Dr. Sunil M, Professor, Amrita College of Nursing.

FACULTY DEVELOPMENT PROGRAMME ON

A Faculty Development Programme on 'AUMS latest version' was conducted by Ms. Renju C. R, Amrita Tech on **2.11.2021**. All the faculty members both teaching and non-teaching attended the session.



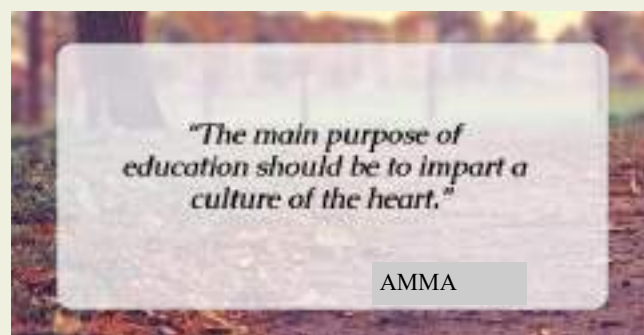
DEPARTMENTAL ACTIVITIES

MEDICAL SURGICAL NURSING DEPARTMENT

BRIDGE COURSE

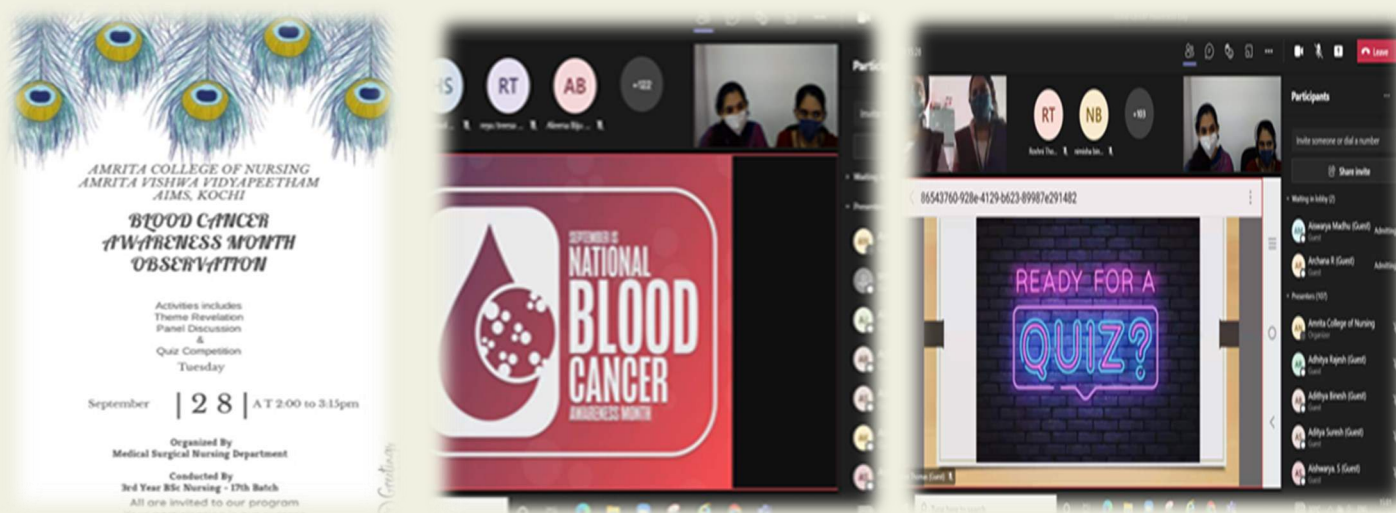


An online bridge course on 'Nursing management of selected Medical-Surgical Nursing conditions – a reflective and integrated approach' (40 hours) was conducted for 100 students of second year B.Sc Nursing from **20.10.2021** to **1.11.2021** by the Department of Medical-Surgical Nursing.



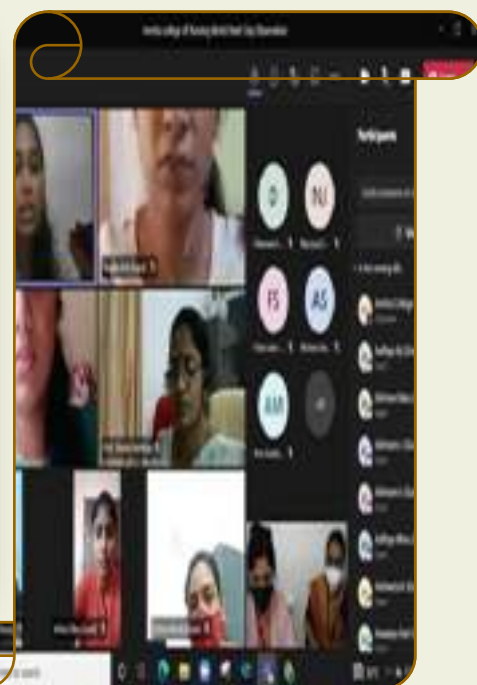
BLOOD CANCER AWARENESS

The department of Medical-Surgical Nursing observed the 'Blood Cancer Awareness month' on **20.10.2021**. Ms. Nimisha Binu welcomed the gathering and the programme continued with a panel discussion on 'Familiarizing Yourself With Blood Cancer: Not The Word But The Disease'. This was followed by a quiz competition. The winners of the quiz were Mr. Anoop Mathew Chacko and Ms. Adithya Binesh, second year B. Sc Nursing.



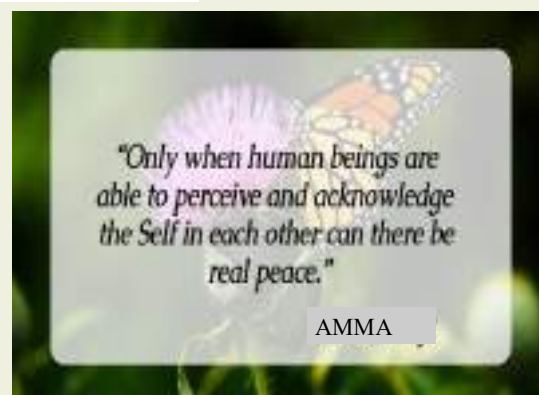
WORLD HEART DAY OBSERVATION

'World Heart Day-2021' was observed on **5.10.2021** through online platform. The second year B. Sc Nursing students organized an awareness programme on the theme of 'World Heart Day-2021'. A group discussion on 'digital help and heart care' and a video presentation on 'heart-healthy life' was also done by them. More than 100 participants including the faculty attended the programme.



WORLD LYMPHOMA DAY-2021

'World Lymphoma Day-2021' was observed on **15.09.2021**. An awareness programme on 'lymphoma' was organized by third year B. Sc Nursing students. The Chief Guest and the resource person was Dr. Wesley M Jose, Clinical Associate Professor, Medical Oncology, Cardio-oncology clinic, Amrita Institute of Medical Sciences, Kochi. At the end of the talk, there was an interactive session with the students on the topic.



WORLD HEART DAY WALKATHON



There was a walkathon on 20.9.2021 organized by second year B. Sc nursing students as part of World Heart Day celebration. Around 100 students along with the faculty from department of medical surgical nursing attended the programme.



WORLD BREAST CANCER DAY-2021



World Breast Cancer Day 2021 was observed on **30.10.2021**. There was an expert talk on 'Screening in breast cancer: challenges in low- and middle-income countries' by Dr. Vijaykumar D.K, Clinical Professor & Head-Surgical Oncology (Breast diseases division), Amrita Institute of Medical Sciences, Kochi. The talk was followed by a panel discussion by the faculty of Medical-Surgical Nursing department on the topic 'Breast Cancer – risk factors, signs & symptoms, screening, myths and facts'. The Panelists were Mr. Athul Dev T, Assistant Professor, Ms. Sherin Ann Jony, Lecturer and Mr. Vishnu M, Nursing Tutor and the moderator of the panel was Dr. Elizabeth A. J, Associate Professor. The second year B.Sc Nursing students and faculty of Amrita College of Nursing attended the programme.



Our circumstances will continually change. It is out of our control. It is more important to change our attitude, which we have control of.

Mata Amritanandamayi

WORLD AIDS DAY

World Aids Day was observed on 1st December 2021 to raise the awareness on HIV infection. The event was flagged on by Prof. Sheela Pavithran, Vice Principal, HOD Department of Medical Surgical Nursing through an inaugural address, the theme of the year **“End Inequalities, End AIDS”** was revealed. The programme was hosted by students from Second year B.Sc. Nursing. In connection with the AIDS day awareness, a flash mob was also performed by the students which focused on spreading the theme to public.



CHILD HEALTH NURSING DEPARTMENT

WORLD BREASTFEEDING WEEK 2021

World Breast Feeding Week was observed on 7.08.2021 at, AIMS hospital, Kochi. The programme was conducted by the third year B. Sc Nursing students of Amrita College of Nursing. Dr. Jayakumar C, HOD, Paediatrics, AIMS, Kochi was the Chief Guest for the programme. The welcome speech was delivered by Ms. Vidhya Anna Koshi, third year B. Sc Nursing student. The theme of the Breast Feeding week- 'Protect Breast feeding: A Shared Responsibility' was revealed by Ms. Divya Charly, third year B.Sc Nursing student. Presidential address was given by Prof (Dr) Sunil M, HOD Child Health Nursing, Amrita College of Nursing, and key note address by Dr. Jayakumar C, HOD, Dept. of Paediatrics. A health education session on breast feeding was given by Ms. Roshni Thomas and Ms. Anakha Sasank, third year B. Sc Nursing students. During the occasion a song was dedicated to Amma, Mata Amritanandamayi Devi, by Ms. Honey Mol Shaji, third year B. Sc Nursing student. The programme ended with a vote of thanks by Ms. Aleena Alexander, third year B.Sc Nursing student.



Problems arise when you identify with your thoughts and emotions. Try to be a witness to the thoughts instead of being totally identified with them.

AMMA

HEALTH EDUCATION

A series of health education was organized by Dept. of Child Health Nursing for the mothers of children admitted in the Pediatric ward on **16.12.2021** and **30.12.2021**. On the first day 3rd Year B.Sc. Nursing students imparted the Health Education on breast feeding.



DEPARTMENT OF OBSTETRICS & GYNECOLOGY NURSING

WORLD BREAST FEEDING WEEK 2021

In connection with the observation of World Breast Feeding Week 2021, Dept of OBG Nursing organized an awareness program with the collaboration of Dept. of Obstetrics and Gynaecology, highlighting the theme of the Breast Feeding week- 'Protect Breast feeding: A Shared Responsibility' on **6.08.2021** at Gynecology OPD, AIMS. Kochi. Dr Radhamany K, Professor, HOD Dept. of Obstetrics and Gynaecology, inaugurated the session. The third year, B.Sc Nursing students conducted an educational skit for the postnatal mothers.

The indicator of true knowledge is the ability to differentiate what uplifts us from what pulls us down.

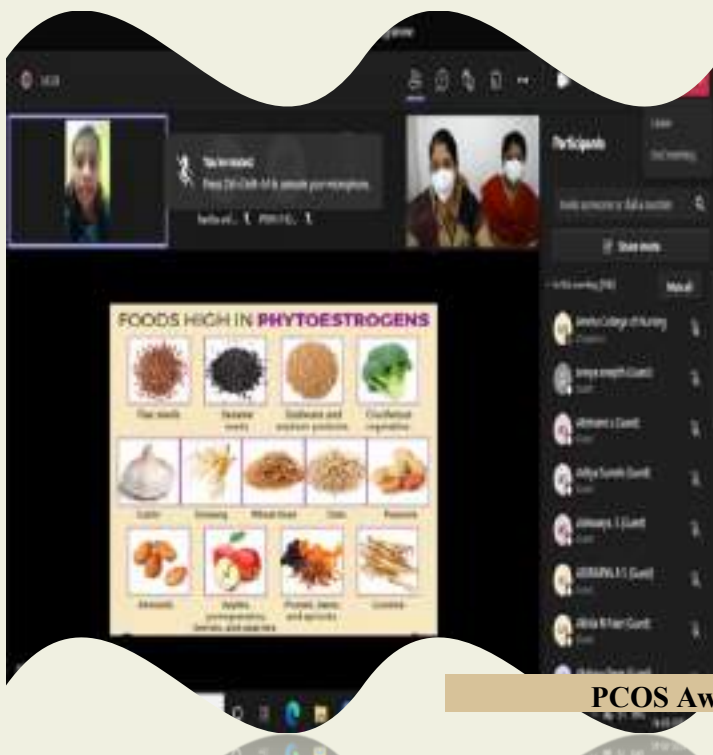
Mata

Amritanandamayi



POLYCYSTIC OVARIAN SYNDROME

As a part of Polycystic Ovarian Syndrome (PCOS) awareness month-September 2021, a virtual awareness programme for the first and second year B.Sc nursing students of Amrita College of Nursing was organized by the Department of Obstetrics and Gynecological Nursing. The programme was conducted by the third year B.Sc Nursing students on **24.09.2021**. The programme included an awareness session on PCOS, sharing of lived-in experiences of students with PCOS and video presentation on lifestyle modifications for PCOS. About 160 B.Sc Nursing students participated in the session.

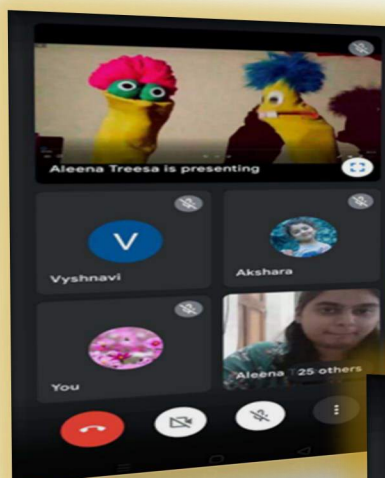


PCOS Awareness programme

COMMUNITY HEALTH NURSING DEPARTMENT

WORLD HEPATITIS DAY

The dept. of Community Health Nursing observed 'World Hepatitis Day' through online on **7.08.2021**. The programme was conducted by fourth year B.Sc Nursing students. Twenty members from 10 families participated in this programme. Ms. Aleena Treesa Biju, fourth year B. Sc Nursing welcomed the participants. The theme of 'World Hepatitis Day 2021-Hepatitis Can't Wait' was revealed by Ms. Anju Rajesh of fourth year B.Sc Nursing. A group health education on 'hepatitis and its prevention' was provided by fourth year B.Sc Nursing students for the families. Following that, there was an informative puppet show and video presentation on Hepatitis.



DEPARTMENT OF FOUNDATIONS OF NURSING

WORLD FIRST AID DAY

As a part of the observation of World First Aid Day 2021, the department of Foundations of Nursing, Amrita College of Nursing conducted a First aid box challenge- to prepare a first aid box at home for personal use and virtual poster presentation on first aid & road safety for the first year B.Sc Nursing students. The students did a video presentation on first aid kit. Collages and posters on first aid and road safety were also displayed.



Due to our preconceptions regarding education, we fail to inquire into the most obvious and wondrous field of study - ourselves.

Mata

Amritanandamayi

NATIONAL NUTRITION WEEK



National Nutrition Week 2021 was observed on **30.10.2021** by the first year B.Sc .Nursing students. The programme was based on the theme 'feeding smart right from start'. The objective of the programme was to raise awareness about nutritional and adaptive eating habits. The programme commenced with welcome speech by Ms. Sneha R, first year B. Sc nursing student, followed by revelation of theme by Bri. Dr. Nivedita, HOD, Dept of Clinical Nutrition, AIMS, Kochi. The programme continued with a video presentation by the first year B.Sc. Nursing students on healthy food recipes and its preparation. As a part of the programme, a poster and quiz competition was also conducted.

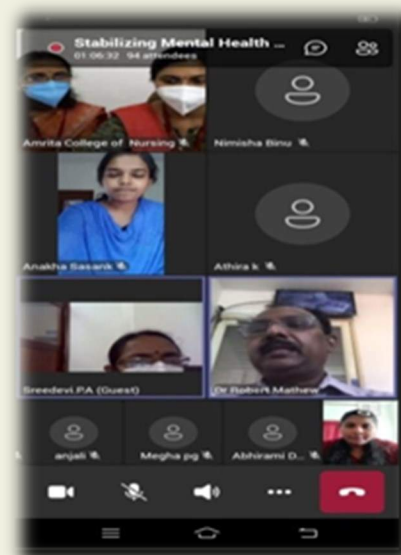


NATIONAL NUTRITION WEEK CELEBRATION

MENTAL HEALTH NURSING

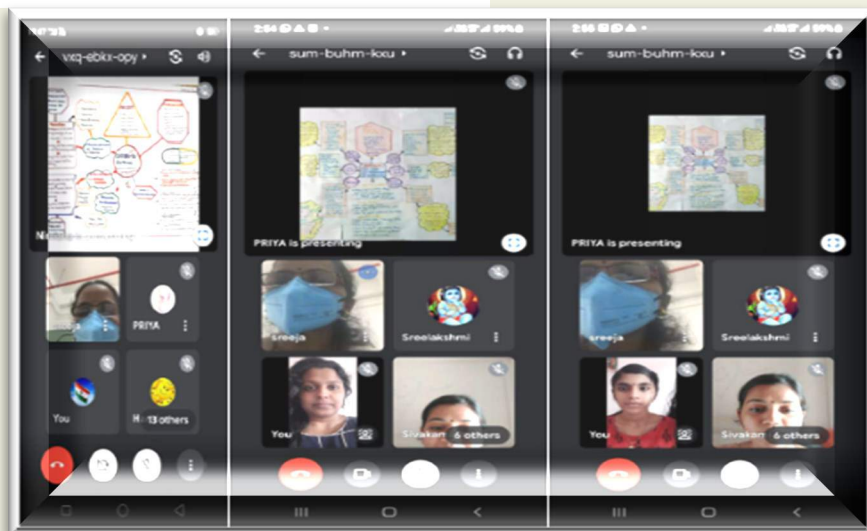
ALZHEIMER'S DAY

As a part of the observation of Alzheimer's Day an online programme was conducted in collaboration with ARDSI (Alzheimer's and Related Disorders Society of India). The third year B.Sc. Nursing students hosted the programme. The highlight of the programme was the revealing of the theme '**Know Dementia, Know Alzheimers**' by the Chief Guest Dr. Robert Mathew (Former HOD of Neurology Dept. Govt. Medical College, Alappuzha and Joint secretary general ARDSI). A quiz and poster competition were also conducted in connection with this programme. A thematic health education video was presented on "How to take care of a patient with Alzheimer's Disease" by the third year BSc Nursing students.



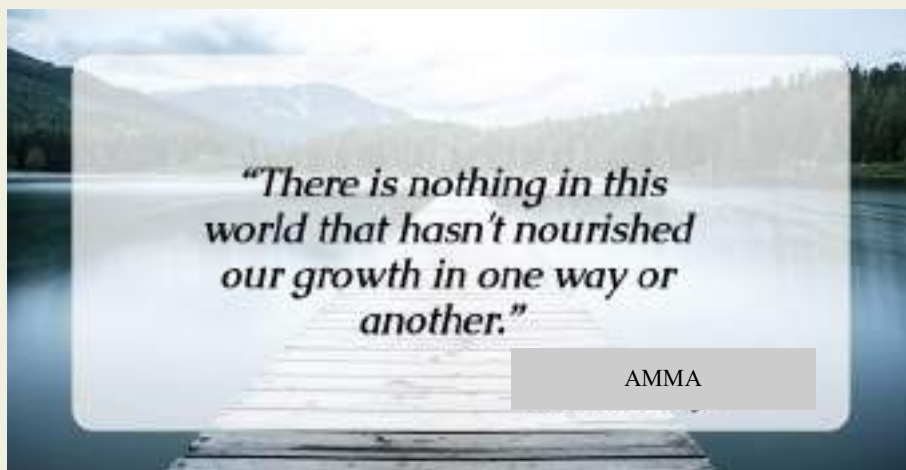
BRIDGE COURSE

An online bridge course on 'Psychopharmacology' (15 hours) was conducted for 96 students of third year B.Sc Nursing of 17th Batch from 7.09.2021 to 10.09.2021.



WORLD MENTAL HEALTH DAY 2021

The department of Mental Health Nursing observed the 'World Mental Health Day 2021' along with the Department of Psychiatry, Amrita Institute of Medical Sciences, Kochi on 10.10.2021. As a part of the programme, essay writing, poster creation and video presentation competitions were conducted in the Healthcare campus. The students of Amrita College of Nursing bagged many prizes.



FACULTY DEVELOPMENT PROGRAMME

The following FDP were conducted during the second half of 2021

SL NO	DATE	TIME	NAME	TOPIC	PLAT-FORM	REMARKS
1.	14-07-21	2:30 PM -3 PM	Mr. Nidhin Elias, (HOD & Associate Professor, Community Health Nursing)	Virus Eat World	Google Meet	38 Faculty of Amrita College of Nursing attended the session.
2.	8.09.21	2:30 To 3:30PM	Lt. Col (Dr) Ajee K.L (Professor, Dept of Foundations of Nursing)	Job description in a college of Nursing		36 Faculty of Amrita College of Nursing attended the session.
3.	29.09.21	2:30 To 3:30PM	Ms. Anisha V (Lecturer, Dept of Foundations of Nursing)	Systemic review and referencing		36 Faculty of Amrita College of Nursing attended the session.
4.	20.10.21	2:30 To 3:30PM	Ms. Manju V (Asst Professor, Dept of Medical-Surgical Nursing)	Artificial Intelligence in Healthcare		38 Faculty of Amrita College of Nursing attended the session.

FACULTY ACHIEVEMENTS

CONGRATULATIONS TO DR. K T MOLY



Prof K T Moly, Principal, Amrita College of Nursing, was conferred the degree of Doctor of Philosophy by the Amrita Vishwa Vidyapeetham, Deemed to be University for her thesis titled “**Quality of life after Bariatric Surgery**” on 22.12.2021

Congratulations....

FACULTY ACHIEVEMENTS- PUBLICATIONS

1. Soumya Raj K, Rakhi R Pillai. (2021). Effectiveness of Benson's Relaxation Therapy on Reduction of Post-cesarean Pain and Stress among Mothers in a Selected Hospital at Kochi. Journal of South Asian Federation of Obstetrics and Gynaecology,13(2):121–124. Available at <https://www.jsafog.com/journal/JSAFOG>.
2. Philip A, Sunitha PP, Lakshmi SB & Vrinda R(2021).Do Nursing Students have High Social Intelligence? Findings from Selected Nursing College, South India. Indian Journal of Forensic Medicine & Toxicology,15(3), 82-87. Available at <https://doi.org/10.37506/ijft.v15i3.15284> (July-September)(Non-Scopus).
3. MonishaU, Thanu KM, Harsha PM, Helen SK. Therapeutic Compliance and Risk of Stroke among Patient with Hypertension. International Journal of Creative Research Thoughts. 9(9): 288-294. September (Non-Scopus) UGC Approved.

4. Merin N. Dinesh A, Sasi A. Effect Of Cold Application on Pain Perception among Clients Receiving Low Molecular Weight Heparin- A Pilot Study. International Journal of Creative Research Thoughts. 9 (9): 627-634. September (Non-Scopus) UGC Approved.
5. Islam R, Saseendran K, Priyatha NP, Effectiveness Of Origami On Anxiety Among Hospitalized Children In A Tertiary Care Hospital- A Pilot Study", International Journal Of Creative Research Thoughts (IJCRT), 9(9): 478-486. September Available At:<http://www.Ijcrt.Org/Papers/Ijcrt2109268.Pdf>) (Non-Scopus) UGC Approved.
6. Moly KT, Divya A, Asikha MS. Quality of Life in Obese Patient- Gender Differences. Indian Journal of Public Health Research & Development, 12(3), July- Sep 601-606. (Non-Scopus).
7. Anjaly Kurian C. Dhanya Jose. Parental Perception And Self- Efficacy On School Readiness Of Their Preschool Children In A Selected Kindergarten. World Journal Of Advance Healthcare Research. 5(6): 144-147 **October (Non Scopus)**
8. Swathy SR. Effectiveness Of Planned Teaching Program Regarding Knowledge On Exclusive Breast Feeding Among Primi Antenatal Mothers In A Selected Community Area. WORLD JOURNAL OF ADVANCE HEALTHCARE RESEARCH OCT 2021;5(6):148-151 **October (Non Scopus)**
9. Sreejesh.K.P, Joseph N, Sreenivasan GK. Sleep Quality And Anxiety Level Among College Students. International Journal Of Research And Review. 2021; 8(10): 271-276. Doi: <https://doi.org/10.52403/Ijrr.20211036> **October (Non Scopus)**
10. Litty VI, Moly KT. , Thomas P. Quality Of Life Among Stroke Survivors. Ra Journal Of Applied Research: 2021 Oct; 7(10): 2611-2615 . **October (Non Scopus)**
11. Elias N. A Study To Evaluate The Effectiveness Of Planned Teaching Programme On Knowledge Regarding Tetanus And Its Prevention Among Farmers. International Journal Of Research And Review. 2021; 8(10): 252-256. Doi: <https://doi.org/10.52403/Ijrr.20211033> **October (Non Scopus)**

12. Anju Kayathri S, Mohan A, Indujamol M. Nutritional Status And Body Image Satisfaction Among Adolescent Girls. International Journal Of Research And Review. 2021; 8(10): 77-82. Doi: <https://doi.org/10.52403/Ijrr.20211012>. October **(Non Scopus)**
13. Sabitha V Janardhanan, Reshmi Siby. Effect Of Structured Teaching Programme On Knowledge And Attitude Regarding Prevention Of Osteoporosis Among Women. International Journal Of All Research Education And Scientific Methods (Ijaresm), 9(10), October: 914-917. **(Non Scopus) Ugc Approved. October**
15. Sruthi M, Aleena Baiju, Swathi Krishna T P. Professional Socialization Among Nursing Students. Indian Journal Of Forensic Medicine & Toxicology. October-December 2021, 15(4). **2574- 2581. Oct (Non Scopus)**
16. Suja Kumari Crisis In Covid 19: A review article on Psychological Challenges faced by health care professionals during Covid 19 Pandemic, World Journal Of pharmaceutical Research SJIF Impact factor 8.084 Volume 10, issue 14, 1617-1637, 001:10.20959/WJpr202114-22482 Dec:2021 (Non Scopus).
17. Soumya Raj K, Ms. Mahima Raj, 3 Ms. Veena Explore the awareness of epidural Analgesia among antenatal mothers attending OPD in view of Developing a leaflet, International journal of creative Research thoughts. Volume 9, Issue 12, December 2021

STUDENT ACHIEVEMENTS

'National Pharmacovigilance Week' was celebrated from **17.09.2021** to **23.09.2021**. The winners of the various competitions were :




Quiz Competition	Third Prize	Ms. Krishnendhu P. H Ms. Roshni Thomas	Third year B.Sc Nursing-B Batch
E-poster Competition	Consolation Prize	Ms. Aiswarya K Ms. Soumya Unnikrishnan Ms. Sona Joy Ms. Krishnapriya S Ms. Sreelakshmi Balakrishnan	Second year B.Sc Nursing-B Batch

STUDENT ACHIEVEMENTS




As a part of 'Teachers' Day & International Literacy Day 2021' observation, online competitions on light music, pencil drawing, slogan writing – English & Malayalam Recitation were conducted on 5th and 6th September 2021.

LIGHT MUSIC		
First Prize	Second Prize	Third Prize
 <p>Ms. Honeymol Shaji Third year B.Sc Nursing B Batch</p>	 <p>Ms. Apsara Prathap First year B.Sc Nursing A Batch</p>	 <p>Ms. Abhirami Das Third year B.Sc Nursing A Batch</p>
SLOGAN WRITING COMPETITION- Malayalam		
<p>First Prize</p>  <p>Ms. Haritha Anil Third year B.Sc Nursing A Batch</p>	<p>Second Prize</p>  <p>Ms. Parvathy Prasad Fourth year B.Sc Nursing B Batch</p>	




SLOGAN WRITING COMPETITION- English



First Prize	Second Prize	Third Prize
 <p>Ms.Dharsana S Kumar Second year B.Sc Nursing – A Batch</p>	 <p>Ms.Athira A Third year B.Sc Nursing A Batch</p>	 <p>Ms.T.A.Gowri Parvathy First year B.Sc Nursing A Batch</p>

PENCIL DRAWING

First Prize	Second Prize	Third Prize
 <p>Ms.Anupriya.C.P Second year B.Sc Nursing A Batch</p>	 <p>Mr.Sudheesh S First year B.Sc Nursing A Batch</p>	 <p>Mr. Anoop Mathew Chacko Second year B.Sc Nursing A Batch</p>

POEM RECITATION- Malayalam

First Prize	Second Prize	Third Prize
 <p>Ms. Ananthalakshmi K.A Second year B.Sc Nursing B Batch</p>	 <p>Ms.Dharsana S Kumar Second year B.Sc Nursing A Batch</p>	 <p>Ms.Aparna Rajesh Second year B.Sc Nursing A Batch</p>

POEM RECITATION- English		
<p>First Prize</p>  <p>Mr. Anoop Mathew Chacko Second year B.Sc Nursing A Batch</p>	<p>Second Prize</p>  <p>Ms. Ann Joseph Mampilly Second year B.Sc Nursing – A Batch</p>	<p>CONGRATS</p>

Cygnia Health care conducted a Mega Quiz in connection with Annual patient safety 2021 for nursing students on **18.09.2021**. The winners were:



CYGNIA HEALTHCARE

Congratulations Winners

**ANNUAL PATIENT SAFETY
MEGA QUIZ HELD ON 18TH SEP '21
FOR NURSING STUDENTS**



1

Mr. Anoop Mathew Chacko (BSc 2nd Year)
Amrita College of Nursing, Kerala



2

Ms. Aleena Treasa Biju (BSc 4th Year)
Amrita College of Nursing, Kerala



3

Ms. Rozia Mariyam Cherian (BSc 4th Year)
Manipal College of Nursing, Karnataka

**554 Students Participated !
Thank You**

www.cygniahealthcareacademy.com



Mr. Anoop Mathew Chacko
II.B.Sc. Nursing A Batch



Ms. Aleena Treasa Biju
IV.B.Sc. Nursing A Batch

STUDENT ACHIEVEMENTS

As a part of ‘**World Mental Health Day 2021**’ observation, online competitions on essay writing, poster and video presentations were conducted. The winners of the competition were:

1. Essay writing- First Prize

Ms. Aleena Treesa Biju, fourth year B.Sc Nursing.

2. Poster presentation - First Prize

Ms. Anupriya C.P, second year B.Sc Nursing.

Consolation Prizes

Ms. Megha P.G, third year B.Sc Nursing

Ms. Arathy K.S, second year B.Sc Nursing

3. Video presentation-First Prize

Ms. Devika S & team, third year B.Sc Nursing



As a Part of Observation of **World AIDS day 2021**, A slogan writing competition was organized on the theme “End Inequalities, End AIDS” at Amrita College of Nursing, Kochi. The winners were:

1st Prize: Ms: Aiswarya K (3rd Year B.Sc. Nursing-B batch)

2nd Prize: Ms: Jewel Jose (2nd year B.Sc. Nursing-A batch)

3rd Prize: Ms: Aishwarya V T (2nd year B.Sc. Nursing-B batch) & Ms: Gayathri D Manoj (3rd year B.Sc. Nursing-A batch)

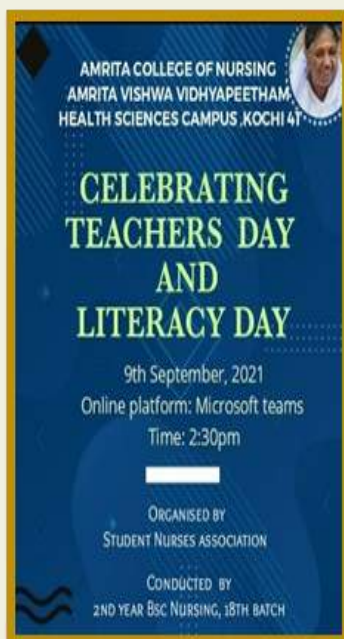


STUDENT NURSES ASSOCIATION (SNA)**INDEPENDENCE DAY- 15 AUGUST 2021**

The first year B.Sc Nursing students of Amrita College of Nursing prepared an online presentation on **15.08.2021**. The presentation included 2 short videos- first video was a role play about how independence day was celebrated before the pandemic and a second video briefing on the freedom struggles and paying respect to freedom fighters. The video presentation also portrayed the posters prepared by the students on the relevance of independence in current scenario.

INTERNATIONAL LITERACY DAY 2021 & TEACHERS' DAY 2021

Student Nurses' Association Unit of Amrita College of Nursing observed the International Literacy & Teachers' Day 2021 through online on **9.09.2021**. The presidential address was delivered by Prof K.T. Moly, Principal, Amrita College of Nursing. The second year B.Sc Nursing students organized a variety of online entertainment programs. The programme included speech by Ms. Dharsana S. Kumar, group song by Ms. Sreelekshmi Balakrishnan and team, speech on experience and memories with teachers by Ms. Anly A. Varghese, a video presentation on importance of literacy by Ms. Soumya Unnikrishnan & team.



SNA EXECUTIVE MEETING

There was an online SNA Unit executive meeting on **4.11.2021**. Ms. Sarika T. K, Assistant Professor & SNA Unit Advisor chaired the meeting. A second meeting was conducted on **12.11.2021** to select the new office bearers for the year 2022

Post	New Office Bearers	Batch
Vice President	Ms. Sreelakshmi E R	III Year B . S c Nursing (A Batch)
Secretary	Ms. Dharshana S Kumar	II Year B . S c Nursing (A Batch)
Programme Committee Chairperson	Ms. Bhagyasree M B	II Year B . S c Nursing (B Batch)
Assistant Programme Committee Chairperson	Mr. Hari Krishna	I Year B . S c Nursing (B Batch)
Treasurer	Ms. Gayathri D Manoj	III Year B . S c Nursing (A Batch)
Ex Officio	Ms. A leena Alexander	III Year B . S c Nursing (B Batch)



Congratulations to all new office bearers....

REMAIN A BEGINNER,
LIKE A CHILD ENDOWED WITH TREMENDOUS
HUMILITY, PATIENCE AND FAITH.
SUCH SHOULD BE OUR ATTITUDE TOWARDS
THE EXPERIENCES LIFE BRINGS TO US.
THEN WE WILL KEEP ON LEARNING.
FOR THE MIND TO GROW AND BECOME
AS BIG AS THE UNIVERSE, WE SHOULD
FIRST BECOME A CHILD.

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